### McDERMOTT + BULL

ARTICLE

# PRIVATE EQUITY TRENDS IN HEALTHCARE

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## **RECENT ACTIVITY IN THE HEALTHCARE INDUSTRY**

**HIGHEST PERFORMING SUB-**

SECTORS IN Q1 2022

distribution +

supplies

hospice +

home health

physician

services

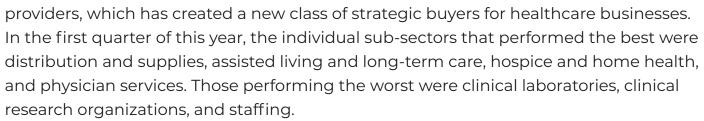
assisted living

+ long-term

care

Private equity healthcare services' activity levels reached record highs in 2021 and have remained robust throughout the first half of 2022. Of the 105 healthcare services comps, the median enterprise value or EBITDA multiple was 12.3x so far in 2022 compared to 12.5x in 2021. Healthcare companies that have business lines which benefit from favorable consumer demand trends, the use of technology to improve care, the incorporation of value-based care (VBC) payment models, or innovation around site-of-care (telehealth, urgent care, and home care models) are attractive to private equity investors.

One of the most important trends currently shaping the United States' healthcare system is the vertical integration between payers and





In the behavioral health sector, we have seen high trading multiples and private development in a space that is fragmented equity interest. There has been a steady and underserved. increase in reimbursement coverage and rates, driven both by federal and As the economy reacts to geopolitical headlines and other macroeconomic state legislative mandates and by payers' growing realization that effective behavioral headwinds, including inflationary pressure health can improve the overall wellness of and supply chain disruption, it will continue their patient population. The pandemic also to effect individual healthcare sub-sectors initiated regulatory and payer movements differently along with M&A activity and toward reimbursement parity for telehealth, trading multiples as we head into the which can be an effective care delivery second half of 2022. mechanism for many patients. These

### **ABOUT THE AUTHOR**



Garrett Lipus is a Partner of McDermott + Bull and a member of the firm's Healthcare and Life Sciences Practice. His national practice focuses on serving clients in healthcare services, medical devices, and healthcare technology and his clients range from privately held organizations to public companies and private equity firms that have an investment focus in healthcare or life sciences. Garrett received his BA in business administration from the University of San Diego and was a member of the school's Division I Golf team.

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tailwinds present an opportunity for future

